World Atrial Fibrillation (AFIB) Awareness Day

Saturday, September 8, 2018

Johnson County Community College - Cap Fed Conference Center

Program begins at 9:00 a.m.

AGENDA

9:00 am  What is Atrial Fibrillation (Afib) – How do I know I am having it?
9:20 am  What is Obstructive Sleep Apnea and why is it important in AFib patients?
9:40 am  Truth or myth – Does Caffeine, alcohol and cannabis impact my AF
10:00 am Lifestyle modifications – how excess weight, smoking and exercise impact my AF
10:20 am  Break
10:40 am  Do I need to be on blood thinners? What I should know about them?
11:00 am  What are my treatment options for AF – do nothing vs drugs vs ablation
11:20 am  Interventions for stroke prevention and arrhythmia control – beyond drugs and ablation
11:20 am  Living with AF – a Patient Perspective
11:30 am  Questions
12:00 pm  Closing Remarks

REGISTER AT: https://tinyurl.com/GAFA2018

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