



GLOBAL ATRIAL FIBRILLATION ALLIANCE

World Atrial Fibrillation (AFIB) Awareness Day

Saturday, September 8, 2018

Johnson County Community College - Cap Fed Conference Center

Program begins at 9:00 a.m.

AGENDA

- 9:00 am What is Atrial Fibrillation (Afib) – How do I know I am having it?
- 9:20 am What is Obstructive Sleep Apnea and why is it important in AFib patients?
- 9:40 am Truth or myth – Does Caffeine, alcohol and cannabis impact my AF
- 10:00 am Lifestyle modifications – how excess weight, smoking and exercise impact my AF
- 10:20 am Break
- 10:40 am Do I need to be on blood thinners? What I should know about them?
- 11:00 am What are my treatment options for AF – do nothing vs drugs vs ablation
- 11:20 am Interventions for stroke prevention and arrhythmia control – beyond drugs and ablation
- 11:20 am Living with AF – a Patient Perspective
- 11:30 am Questions
- 12:00 pm Closing Remarks

REGISTER AT: <https://tinyurl.com/GAFA2018>

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